



Young People Who Care, Inc.

Bethany Youth Retreat Center

ypwcyouthprogram.com

Service Program Packing List

During your stay, you will need some work clothes, some casual clothes, and at least one dress outfit.

Work Clothes (Clothes for job sites, such as: painting, yard work, cleaning, building, etc.)

Old-shirts sweaters sweatshirts Jeans or other work pants Work gloves Boots for wet, muddy days Old Shoes and/or sneakers Hat Water Bottle Work boots for construction jobs

DO NOT BRING (WORK CLOTHES) Pants with holes in them, Bell bottoms, Pants that hang low on the hips, sweat pants, pajama bottoms, shorts for work sites

Casual Clothes and Dress Clothes (Nursing Home Visits)

Neat jeans or other pants such as khakis Dressier type sweatshirts/sweater/top/shirt Closed Toe Footwear

DO NOT BRING (Casual/Dress) Low cut blouses or tops, Miniskirts or Short Shorts, Midriff, Tube, Tank or Spaghetti String tops, Baggy pants that hang lower on hips, Pants with holes in them, Mussel shirts

Personal Items

toothbrush / toothpaste Biodegradable soap/shampoo, (Ivory or Suave) Drinking cup
 River Shoes that stay on your feet stationary/notebook stamps journal
 Battery clock Flashlight Bug Spray Games Bag for dirty clothes
 Water bottle and wet wipes for job sites \$ for T-shirts/Sweat shirts Sun Screen Lotion
 Camera (you will not have your cell phone with you)

DO NOT BRING (Personal Items) Hair dryers (can be used when the temperature is cold- use discretion), Make-up, Curling irons, Smoking items, Radios, personal Electronics, Personal Walkie Talkies, Cell phones for PRIVATE use, or any form of personal/handheld game systems.

Other

Sleeping bag or Sheets for bunk bed Pillow Night Wear (**tasteful** clothes to sleep in),
 Towels Musical Instruments, Sheet music (if needed for instruments or keyboard)
 Spiritual resources for prayer services (books, music) Reading material for Quiet Hour

Summer Items

Water shoes for the River, Beach towels, Modest one (1) piece bathing suits for females (**NO 2-PIECE SUITS**), Tasteful trunks for males, Bug Spray, Sun block lotion, Summer Hat

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Mission Statement

Young People Who Care, Inc. is a Catholic grassroots ministry.

YPWC provides a wide, ecumenical circle of care among those who give and those who receive. Its members are committed to creating a wholistic and nonjudgmental environment where the exchange of culture, education and training empower individuals and groups.

While adapting to changing times and needs, prayer, hospitality, simplicity and service

remain constant characteristics of Young People Who Care, Inc.